A group of people jumping in the air

Description automatically generated

WA Levels 10-5

‘shake down’ competition.

A chance to ‘work the work’ before the IGA levels.

Sunday 7th September

@SY11 1HS

£40 per gymnast

Medals will be presented 1st to 3rd on apparatus and

individual AA per age/level group.

‘Stick It’ prizes also available for Beam & Bars.  
Commemorative gift for ALL entrants.

Competition groups and rules will be in line with the current

IGA handbook for each level.

A maximum of 2 spectators per gymnast (includes siblings).

£6 per spectator ~ cash on the door please.

(no room for buggies or prams)

Simple refreshments available. Cash only please.

**Please email entries to** [**bordercountiessg@aol.com**](mailto:bordercountiessg@aol.com) **using form below.**

(closing date for entries Friday 1st August at 5pm or when capacity is reached)

**Gymnasts entry form**

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| Club | Gymnasts name | Date of birth | Level |
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Please just add more lines as needed.

**Please nominate a judge if you can**

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| Club | Judges name | Contact details |
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